

Free Financial Coaching for Veterans

If you answer “yes” to any of the following questions, you may need financial coaching support.

- ? **Do you have financial goals that you are ready to pursue?**
- ? **Do you find that you have more “month than money” and want to create a spending plan?**
- ? **Are financial concerns overwhelming and the options confusing?**
- ? **Have you created a plan and need a little support to stick to it?**



A financial coach works with you to help you identify your financial goals, create a plan, and track your progress to ACHIEVE your goal.

What is Financial Coaching?

Coaching is a process to help people link their behavior to their goals and values. Financial coaching is a way of working together in an equal partnership rather than as an “expert” there to give advice or issue directives.

Financial coaching is distinct from financial education or counseling in that the coach approaches the relationship from the position that you know what is best for your situation. The coach is there to provide support, encouragement, accountability and resources as you define and move toward your goals. There are times that you may need specific and concrete information to help you achieve your goals; in those situations the coach offers the information without attachment or judgment about the outcome or your final decision. In short, the final decision always rests with you.

Financial Coaches provide regular one-on-one sessions in order to link your goals and value to your financial dream, create an action plan and track progress towards the goals mutually set by you and your Financial Coach.

Financial coaching is about learning the skills it takes to align your ongoing behavior with your financial dream.

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COWIC/OhioMeansJobs-Columbus/Franklin County has partnered with the Consumer Financial Protection Bureau to provide financial coaching services to Veterans.

