Buckeye GUARD

AG declares war on FAT

Physical fitness is the heart and lifeblood of our preparedness as an armed force. We live today in a world experiencing a broad range of tensions, conflicts, and threats against which we must be prepared. Secretary of the Army, John D. Marsh, Jr., and Army Chief of Staff, General E. C. Meyer, recently commented before the House Armed Services Committee: “Our ability to win wars in the future if deterrence fails will not be decided by how big our Army is but by how good it is.”

Our current overall strength posture in the Ohio National Guard is commendable. While maintaining this 162.1% level, however, we now need to improve the physical fitness of individuals within units. The readiness of our units is only as good as the readiness of every person within the unit. A person who is overweight or not in good physical condition is not prepared should mobilization occur tomorrow — always a reality.

Responsibility

Physical fitness has always been an integral part of both individual and unit training. Closely allied to physical fitness is weight control. Unfortunately, the subject of physical fitness readiness over the years was placed in a category of less important training priorities. This concept has changed.

The responsibility for physical fitness and proper weight control is not solely a training responsibility which can be accomplished within 16 1/2 hours each month. Physical fitness, including weight control, is also the personal responsibility of every soldier, non-commissioned officer and officer in the Ohio National Guard.

Yes, I have heard all the excuses, and they are as valid today as they were then. I recognize that proper weight control and physical fitness is difficult to attain for various reasons, including many individuals. Physical fitness, including proper weight control, must become a year-round way of life.

Mobilization

The Army National Guard is heavily dependent upon the event of mobilization. Thirty percent of the total U.S. Army’s strength and 46% of the combat units are provided by the Army National Guard. Of the 24 divisions that make up the Active Army structure, eight are National Guard, seven Active Army, and nine are a combination.

This illustrates the importance of Ohio National Guard members who are physically and emotionally fit to withstand the rigors and hardships of combat anywhere in the world they may be assigned.

Physical fitness should become a personal goal at the proper weight and in good physical condition is an asset to a civilian employer, to their family and to the country. It increases stamina — strength and endurance when undertaking a job, play with the children, or to accomplish a combat mission.

Engaging in a program of physical fitness contributes to personal discipline and creates a positive attitude. Again, these attributes of a physically fit person are well received in our civilian lifestyle and they are necessary parts of our military readiness.

We have already placed emphasis upon adherence to the height-weight control standards established in AR 600-9. A new regulation on this subject becomes effective on July 15, 1983. The standards and changes in that new regulation are presented in a separate article in this issue.

Staff informed

I have already directed my state staff to examine themselves and personnel in their offices to begin this effort at this level. I expect each major to intermediate, and unit commanders and their noncommissioned officers to set further examples and to implement this program.

This effort will receive equal emphasis in all commands and equal application to all personnel.

And I have heard all the excuses: “Yes sir, I know my key individual is overweight by 35 pounds and cannot meet the three-item physical fitness test, but he is the best communications person with whom I want to work”.

All that may be true, but the real test of prompt implementation could find that person incapable of performing under combat conditions. At that time, the lives of those individuals could be jeopardized. We cannot afford to train for readiness and yet overlook the weakest link in the chain — an overweight or physically unready individual.

I do not want individuals either advanced in years or who have not been regularly exercising to suddenly embark on a rigorous program of physical fitness. On the contrary, we expect them to follow medical guidance in implementing the program themselves and for those three months I am, however, directing that each of you accept this personal and mission readiness responsibility.

Do not test my resolve!

We will be ready!

M. G. Raymond R. Galloway

Assistant AG Army: UPARs are important

BY BRIG. GEN. THOMAS SCHULTE
Assistant AG Army

“No organization in American society can take public opinion for granted, nor can one assume that good performance and strength alone will bring public recognition, understanding, and support. In a modern complex society it is necessary for every organization, seeking public support, to establish and maintain information programs in order to build a common ground of understanding with the public.”

These statements are indeed applicable to the Ohio National Guard. As such we have a responsibility to establish an internal or command information to guard members, we also have an equally important obligation to inform, motivate, and maintain friendly relations with the general public. Remember, the Ohio National Guard belongs to the Ohio citizenry and to the American people.

Public affairs is a responsibility of

Letters to the editor

Editor:

I retired from the Ohio National Guard in December 1980 with 32y years service. I was 1st G of the 32nd Military Police Co. in Toledo.

always received the BUCKEYE GUARD magazine while with the unit and enjoyed it very much. It kept me informed about the changes and benefits in my retirement.

It also kept me informed about the former unit and other issues that pertain to the Army.

I have now associated with over the years.

I have not received the magazine since I retired, and going through some old BUCKEYE GUARD magazines to the unit and enjoyed it very much. The first letter is from a man who was retired from the Guard for six years and still receives the magazine.

How do some retired personnel receive the magazine and some do not?

If its a case of not having money to offer the magazine to retirees, I would be willing to buy a subscription if I knew the cost, or maybe after you retire it just out the door and forget about you. The Guard got what they wanted, your body, sweat and blood, now the heck with you.

I would appreciate hearing from you if you feel you would like to.

remains presently yours and still a Guard supporter.

Sgt. Thomas R. Cakvec (Ret.)

You should be in receipt of a letter from me, along with past issues of the Buckeye Guard Magazine. You have now been added to our list of recipients for the magazine. Thank you for writing. This gives me the chance to remind all retirees that if they are not receiving the Buckeye Guard, all they need do is send me your name and address and they will also be added to the mailing list. Write to: AGHO-02, 2625 W. Granville Rd., Worthington, OH 43085.

We thank all retirees for their service to the Guard and are proud of each and every one.

Correction

In the February issue of Buckeye Guard the story on pg. 3 “Guard helps feed its community” I inadvertently used Maj. Steven Schaeffer’s name, in place of Maj. Gary W. Gullifer, as the company commander of the 263rd Engineer Company. Sorry Maj. Schaeffer, you weren’t put in command while you were in Germany, Sincere apologies to Maj. Gullifer.

Editor
Snow Soldiers

73rd ‘task force’ learns to survive in frigid environment

BY DAVIDA MATTHEWS

7/31/79  By Bn.

DAVID WILSON

Yesterday a large group of 650 Guardmembers from the 173rd Infantry Brigade (Separate) at Camp Ripley, Minn. trained for three weeks in order to take part in the winter training mission at Camp Ripley.

The task force, which included five days of downhill and cross-country skiing and snow-sports training, was made up of a large group of 650 Guardmembers from the 173rd Infantry Brigade (Separate). The group, made up of Brigade members from across the state and designated as Task Force 148, recently returned from two weeks of sub-zero temperatures at Fort Ripley, Minn., where they underwent winter operations training.

The Minnesota National Guard operates the camp and offers its facilities and training areas to all active military and reserve component units. Instructions from Camp Ripley first train a cadre from the second and third cadre, in turn, to train their fellow troops.

The location of the reservation in central Minnesota makes Camp Ripley the ideal setting for cold weather training. A large part of the training is simply preparing soldiers to survive, move, and fight in extreme cold weather. Winter operations training included five days of downhill and cross-country skiing and snow-sports training.

"We've put another feather in our cap and increased our versatility," Brig. Gen. Andrew G. Stalkos, with the 73rd Infantry Brigade, said.

Donning warm clothing, the soldiers endured the harsh conditions at Camp Ripley, Minn. The temperatures dropped to -20 degrees Fahrenheit, with wind chills reaching -30 degrees. The soldiers were taught survival techniques, including how to build snow igloos and how to stay warm in extreme cold conditions.

"Every one of the troops who went through the training was capped with the presentation of Army Achievement Medals to each of the 17 cadre members. According to Brigade Commander, Brig. Gen. Andrew G. Stalkos, receiving the training mission and completing the course was an achievement for the entire Brigade.

"It was very cold, but we managed to keep our spirits high," said one soldier. "We had to be careful not to over-exert ourselves, but we kept pushing ourselves to the limit."
In tune
555th band members are Ohio Guard envoys

BY FRED DAVIS
188th Twintower Fighter Group

As you walk through a shopping mall in the Toledo area at Christmas time, watch a July 4th parade in northwest Ohio, or attend an event such as the German-American Ethnic Festival in Toledo, the chances are that you will see and hear the 555th Air Force Band, Ohio ANG. Since its inception in 1948, the “Triple Nickle” Band has been entertaining the people with music at concerts, parades, and dances.

The 555th is one of 12 Air National Guard bands stationed in the United States and one of only three in the Midwest. The popularity of the group is evidenced in its schedule which is consistently filled up to a year in advance. “Thirty-five years of age this year and better than ever,” said the new band commander, 2Lt. Robert Krichbaum, “and we are looking forward to another 35 years of serving the public.”

The band is stationed in Toledo ANG Base with the 188th TFG but travels far and wide to spread the musical message of good will to a wide variety of audiences. Trips to West Virginia, Tennessee, Missouri and other states on weekends help to take the band nationwide. During its 51 days annual training, the band has twice visited Europe, performing in Germany, France and Spain. The “Triple Nickle” has also replaced Active Duty bands by spending tours at McGuire, Keesler, Langley and Chanute Air Force Bases while those bands were on leave.

The members of the 555th take a great deal of pride in their work and have established a goal of providing the best quality music possible to their many audiences. Their many commendations include the National Guard Bureau Meritorious Service Award in 1973, the Ohio Commendation Medal for all members in 1978, and the Air Force Outstanding Unit Award in 1982.

Retention in the “Triple Nickle” has always been very high with one-half the present membership having 10 or more years service. Long-time band superintendent and trombonist MSGT. James A. Bayes has served under four different commanders in his 30 years with the band and saw the oldest member of the band, MSGT. Julius A. Rakos, retire this past summer after being with the organization since 1948 and with the military since 1942.

Said Bayes, “The 555th AF Band performs an important military and community relations function and has truly been a musical ambassador of good will.”

... Unit PA reps

Continued from pg. 3 command. Military commanders at all levels are responsible for informing military and civilian personnel. Although the commander retains the ultimate responsibility for public affairs, commanders normally delegate authority for these responsibilities to a Unit Public Affairs Representative (UPAR) as an additional duty.

On February 27, I had the honor of recognizing the outstanding 1982 efforts of civilian media and UPARs at the Sixth Annual Public Affairs Conference. Many of our units have excellent overall public affairs programs. Other units, however, have been remiss in areas such as command emphasis, appointment of interested and qualified UPARs, and support to provide both an effective internal and external program.

Development, Implementation, training and overall responsibility will remain within the commands. There are a number of support assistance services available, but each command and each unit must seize the initiative.

This common concern embodied in concept today by organizations in both the private and public sectors was best expressed by President Abraham Lin-coln: “Public sentiment is everything. With public sentiment nothing can fail; without it nothing can succeed.”

We cannot afford to fail. We will succeed!
Waisting away

It’s trim up or move out under new Ohio Flab fight

BY D.S. DANKWORTH

The Ohio Army National Guard plays tags on fat.

The AR 600-9 takes effect July 15, 1983. The regulation will use the soldier’s percent of body fat content as a standard to determine whether a person is overweight or not. This regulation will cause soldiers who won’t lose their excess weight to be denied any chance to extend their enlistments, be promoted, attend service school, be recommended for awards, the draft, or any other favorable personnel actions completed.

Failure to lose the weight will eventually cause the fat troops to be separated from the Guard, according to Sgt. Maj. Lay Morton, physical fitness representative of the Ohio Army Guard.

“I think this is a good development,” Morton said. “The thing about this new regulation is, how much a soldier weighs is not the only information used to determine whether he is overweight or not. The percent of body fat is what counts here. With the new regulation the old height/weight tables will not change much, and these whose weights are within these standards will not be measured for body fat content.

But if a soldier’s weight exceeds the standards set by the weight table, Guard medical personnel will determine the soldier’s body fat content by measuring various parts of the body using calipers.

“Those who exceed the weight table but have a low body fat percentage will not be considered overweight. This will pertain to many people,” Morton predicted, particularly for the athletes, weight lifter or other muscular types. The body fat percentage standards vary by age and sex.

Maximum allowable percentages for males is 26 percent for those 17-20, 22 percent for those 21-27, 24 percent for those 28-39, and 26 percent for those 40 and older. Maximum percentages for females are Continued on pg 9

New AR-600-9 weight regulations

<table>
<thead>
<tr>
<th>Height (in inches)</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Age</td>
<td>Age</td>
</tr>
<tr>
<td>58</td>
<td>17-20</td>
<td>17-20</td>
</tr>
<tr>
<td>59</td>
<td>21-27</td>
<td>21-27</td>
</tr>
<tr>
<td>60</td>
<td>28-39</td>
<td>28-39</td>
</tr>
<tr>
<td>62</td>
<td>40+</td>
<td>40+</td>
</tr>
<tr>
<td></td>
<td>58</td>
<td>58</td>
</tr>
<tr>
<td>59</td>
<td>17-20</td>
<td>17-20</td>
</tr>
<tr>
<td>60</td>
<td>21-27</td>
<td>21-27</td>
</tr>
<tr>
<td>62</td>
<td>28-39</td>
<td>28-39</td>
</tr>
<tr>
<td>64</td>
<td>40+</td>
<td>40+</td>
</tr>
<tr>
<td></td>
<td>63</td>
<td>63</td>
</tr>
<tr>
<td>63</td>
<td>17-20</td>
<td>17-20</td>
</tr>
<tr>
<td>64</td>
<td>21-27</td>
<td>21-27</td>
</tr>
<tr>
<td>66</td>
<td>28-39</td>
<td>28-39</td>
</tr>
<tr>
<td>68</td>
<td>40+</td>
<td>40+</td>
</tr>
<tr>
<td>69</td>
<td>58</td>
<td>58</td>
</tr>
<tr>
<td>69</td>
<td>59</td>
<td>59</td>
</tr>
<tr>
<td>71</td>
<td>60</td>
<td>60</td>
</tr>
<tr>
<td>71</td>
<td>62</td>
<td>62</td>
</tr>
<tr>
<td>72</td>
<td>63</td>
<td>63</td>
</tr>
<tr>
<td>73</td>
<td>64</td>
<td>64</td>
</tr>
<tr>
<td>74</td>
<td>65</td>
<td>65</td>
</tr>
<tr>
<td>75</td>
<td>66</td>
<td>66</td>
</tr>
<tr>
<td>76</td>
<td>67</td>
<td>67</td>
</tr>
<tr>
<td>77</td>
<td>68</td>
<td>68</td>
</tr>
<tr>
<td>78</td>
<td>69</td>
<td>69</td>
</tr>
<tr>
<td>79</td>
<td>70</td>
<td>70</td>
</tr>
<tr>
<td>80</td>
<td>71</td>
<td>71</td>
</tr>
</tbody>
</table>

Editor’s note: These regulations take effect on July 15. Personnel not meeting these standards will be tested by trained personnel to judge body fat content.

...Fat war is on

Continued from pg. 8

28 percent for those 17-19, 30 percent for those 21-27, 32 percent for those 28-39, and 34 percent for those 40 and older.

Although Morton did not have exact starting dates for the weigh-ins he said, “Everyone will be weighed every six months. For the first time and first time only, everyone will be screened using the weight table standards for 40-year-olds.”

Anyone who exceeds those requirements will be tested for body fat content.

Again, only for the first six-month weigh-in, everyone tested for body fat will be screened using the standard for 40-year-olds. At that time, males with 26 percent body fat lower and females with 34 percent lower will not have to go on a weight control program,” Morton said.

He explained that those who exceed those percentages will be put on weight control and will be required to extend their enlistments or have other favorable personnel actions until they lose the excess weight.

On the next weight six months later, everyone will be screened again using the standards for their actual age. Anyone exceeding the standard for that time will also be put on weight control and will be ineligible for re-enlistment or other favorable personnel actions until they lose the weight.

Exceptions to the guidelines will take into account pregnancies and other temporary medical conditions, Morton added.

Under the new rules, if a soldier is put on weight control, Guard medical personnel will determine how much weight per month the soldier will be required to lose. Under the old regulations, anyone on weight control was required to lose at least one pound per month. If a soldier fails to lose the specified amount of weight for two months in a row and there is no medical reason for him not to lose the weight, “he will be separated from the Guard.”

“After meeting the standards, if they are found to be overweight again within 12 months, they will be weighed and there are no waivers,” Morton said.

If a soldier is found to be overweight from the 3-9 years after successfully completing a weight reduction program he will be weighed 90 days after the weight or he also will be separated.

“The new standards are no harder than the old standards but they are much more fair,” Morton said.

By James Day

179th takes shooting honors —

Czarnicki, Richard S. Merz, J. Edmonds, Jr., and R. Stafford, Jr.

In peace time the tournament means friendly competition, good people, and if you are good, an award. In time of war this means the added safety of you and your fellow soldiers. This is important even for those people assigned to the rear elements.

“With the modern home and army photonc strength of potential hostile forces, even those people in the rear must be capable of protecting themselves,” said Maj. Robert Gabriel, the State Marksmanship Coordinator. “It is important to be efficient with your weapon wherever you are assigned.”

The Ohio Guard marksmanship program allows units to reach and maintain the proper level of weapons ability. Unit members can compete individually or in teams of four and can advance through the state level competitions to the national level. Teams must be comprised of 50 percent or more new members, which allows more people to be able to participate.

“It gets new blood into the system,” said Gabriel.

Each unit in the Air and Army Guard has a unit marksmanship coordinator. Interested individuals should contact that person to get involved. If a viable program does not exist in your unit, you can contact Maj. Robert Gabriel, State Marksmanship Coordinator, Ohio Army National Guard, 2825 W. Granville Road, Wintersun, OH 43085, or call him at 614-889-7000.
Skipping AT can be a costly ($$) error

BY JON JAY FLESHMAN

The consequences to the individual for not showing up for Annual Training can be severe.

The bottom line, said Maj. Robert D. Doane, is that you can take more pay from a man than he'd earn at AT. Doane is a staff judge advocate for the Ohio National Guard.

For example, under the Ohio Code of Military Justice, a man punished under Section 5924.18 (Article 15) could be required to pay in fine or forfeiture (if imposed by a company grade officer) an amount not to exceed seven day's pay, or (if imposed by a field grade officer) an amount not to exceed one-half of one month's pay per month for two months.

In other words, Maj. Doane pointed out, a man punished according to this article could be fined or caused to forfeit an amount equivalent to a full month's pay and be paid at AT only a half-month's pay.

Because Guardmembers are not in federal service at AT, they are subject to the Ohio Code of Military Justice. The code has basically the same laws and provisions as the federal Uniform Code of Military Justice (UCMJ), state judge advocate Col. William B. Shimp said. There are several statutes that could be violated if a Guardmember missed AT, Shimp said.

Articles 86 through 92 of the Ohio Code can all be applied to a case involving a Guardmember absent from AT. Article 86 addresses the familiar absent without leave (AWOL) charge, and article 87 is for missing a movement.

Not showing up for AT is more serious than missing a drill, Shimp said.

A unit's commanding officer has the authority to use Article 15 and impose a non-judicial form of military punishment on the Guardmember in question. Under Article 15, fines up to twice the amount of a person's AT pay can be levied.

If a commanding officer prefers charges and a court-martial is convened, Shimp said the outcome could mean confinement in a county jail for the guilty Guardmember.

Based on the seriousness of the offense, Shimp said that under a special court-martial the offender could face up to 100 days in jail.

From the moment a Guardmember misses movement he or she is liable to prosecution, Shimp said.

By the large, the vast majority do what they're supposed to do, Shimp was quick to point out. It's not a rampant problem, he said. The Ohio National Guard is a volunteer force.

Shimp encouraged Guardmembers who anticipate scheduling problems to see their commanding officers as soon as possible. He added, "If no accommodation can be made, they must go. It's their first priority."

Like weekend drills once a month, Annual Training is an integral part of a Guardmember's duty and an important aspect of the ongoing process of military preparedness.

See you at AT.

Night Hawking

Attack chopper group sharpen skills in darkness

BY D.S. DANKWORTH

The sun is a dark red ball bleeding low into the western sky. Footsteps of the Ohio Army National Guard pilots crack the silence of the still and crisp March air. Sunlight dances on the rotor blades of 30 helicopters aligned in formation, casting an eerie metallic web or glare over the deserted tarmacs.

This is a strange and different world. All the soldiers who work in the day have gone home. This is a world of moonlit shadows. A dark, lonely world 2,000 feet above the sleeping Earth. This is the world of night flight training for the 107th Armored Cavalry's Attack Helicopter Troop.

Although most of the pilots and crew members who fly these attack and scout helicopters are on part-time Guard status, they are required to put in the same...
Attack helicopter pilots practice eerie night flying tactics

Continued from pg. 11

amount of training in the air — 110 hours each year — as their full-time Army counterparts. Part of that training must be at night.

CW2 Jeffrey E. Richeson is a flight instructor with the Guard who is piloting one of the UH-1 “Mike model” choppers on this particular night. He explains that his crew will make a half-hour flight from operations in Worthington to Delaware Lake. There the crew will conduct “night hawk” training: “a series of landing, taking off, and low-level flying maneuvers with minimum lighting.” Richeson said the crew will also test night vision goggles recently issued by the Army.

Having flown for more than 15 years, Richeson briefs the four crews on the weather conditions.

"It's the same deal as last night...only the weather is better. The winds are out of the north at 10..."

The men casually walk to the metal birds that look thin and fragile. The sun has now disappeared over the horizon, but Richeson’s crew, including CW3 Ken Dolan (the co-pilot) and Sgt. Brad Anspaugh (the crew chief), ignore the cold weather, going through the tedious pre-flight checks with calm precision.

At full strength, the attack helicopter troop has 200 people, including about 50 gunship pilots and a dozen scout pilots.

Flying to the training site under a ghostly full moon, the crew seems as detached from the normal world as the Vietnam-era copter is detached from the ground far below. White lights twinkle on and off from residential areas, while yellow street lamps trace endless parallel paths deep into the darkness.

The unarmed gunship, which is capable of carrying three different weapon systems, reaches the narrow clearing next to the state park lake. The sinister shadow of the chopper slinks on the ground and gets larger and larger as it reaches up to touch the landing aircraft. The rotor blades continue to whirl and a violent rush of air blasts the nearby brush.

Without a word, the crew chief slides open the side hatch and places battery operated lights on the ground, forming temporary landing lights.

Now, the reason the crew is here.

Skimming over the treetops at more than 100 mph. Hard banks that make looking to the side now looking straight down. Dives that put the novice's stomach into his throat.

But the only emotion the crew members show are smiles of approval when they put on the night vision goggles. At almost $7,000 per pair, the goggles transform a sea of pitch-black darkness on the ground into a vivid, although grainy, scene of daylight.

"We’re just now getting under way with this goggle training,” Richeson said later. “In April we will be running an extensive 2-week program.”

A couple of hours later, it's back to flight operations to run emergency procedures and simulated engine failures. A large amount of tedious work is mixed in with the thrill, the rush of excitement in flying.

In fact, the crews seem so unemotional, as if they are bored with the work.

But later someone explains that Richeson gave up his rank of major so he could follow Guard time-in-grade regulations and keep flying.

"At almost $7,000 a pair, the goggles transform a sea of pitch-black darkness on the ground into vivid, although grainy, scene of daylight..."
Ohioquantitative results

The triplets Piero — from left, George, Harry and William. (Photo by Jim Himes)

BY DOUG DANKWORTH

The Ohio Army National Guard has a new three-pronged attack strategy. Well, that's exaggerating, but the triplets that recently joined the 112th Engineer Battalion, Brook Park, have added some extra spark to the combat unit.

George, Harry and William Piero, 19-year-olds from Copley, joined the headquarters unit last summer and since then the look-alikes have caused some minor problems.

“They’re fine troops,” said Maj. Stephen Schaefer, public affairs officer of the unit. But, he added, people in the 112th sometimes get confused as to who is whom with the triplets.

“First, they were always getting us confused,” George, who acted as the spokesperson for the three, said smiling. “I think one of us did something wrong, we all looked bad.”

George recalled one overnight drill at Camp Perry when a sergeant walked into the barracks and noticed each of the triplets curled up in his bed in identical positions.

“They even sleep the same way!” the sergeant had exclaimed.

George and his brothers moved to Ohio from Tennessee last summer when their father transferred jobs. George and Harry are photographic typesetters, William is attending college on the Tuition Scholarship Program. Although George said the resemblance he and his brothers share has caused some identity problems in the Guard, the trouble was doubled, in fact tripled, at basic training.

The three, each infantrymen, attended training together at Fort Benning, Ga. They were all in the same company and all were squad leaders. George remembered how popular the three were on post.

“They were everywhere,” he said. “Everywhere we went they would say ‘we want to see the triplets,’ and, just to be joking, if one of us would mess up, the drill sergeants would make us all drop and do pushups,” he said.

But the three successfully completed the training and George explained how the boot camp was beneficial for their high school wrestling careers. Since they attended basic training during the summer between their junior and senior years they returned to school in Tennessee in good condition.

“Our coach couldn’t believe how physically ready we were for wrestling season,” William said.

William wrestled in the 126-pound division, George in the 138-pound division, and Harry in the 145-pound class. George added that Harry placed in the state finals.

112th rates SQT tops

The 112th Transportation Battalion, Midlothian, was rated number one for SQT performance in a recent report released by the state training office. The rating was based on areas of percent tested and percent verified in each unit reporting area.

The success of the 112th is primarily a result of good troops and effective use of the Battalion Training Management System, according to 1st Lt. Greg Wayt, assistant S-3, and the unit’s staff training officer.

Training works best in small groups. Here platoon leaders train squad leaders and squad leaders train their squads, according to Wayt.

Even PT training in the unit is done within the sections.
The first Coty T. Hurst Award is presented by 188th Tactical Fighter Group commander Lt. Col. Gordon Cameron to a team member of the year for the past two years. (Photo by Jack Taylor)
Buckeye Briefs

107th nabs Draper

The Draper Award was presented to the Attack Helicopter Troop 107th AC for its "professional proficiency and leadership" during the troop's 1982 Annual Training at Camp Grayling, Mich. The purpose of the Draper Award is to promote and perpetuate leadership in armor and cavalry units. It recognizes the small unit leader as the man who makes the difference in a combat unit. Symbolized by the Goodrich Riding Trophy, the Draper is awarded to outstanding units selected from each Army Readiness Region throughout the United States.

Dave Swazel

37th Vets reunion

The 37th Division Veterans Association is holding its 63rd annual reunion for World War I, World War II and Korean Conflict veterans Sept. 1 to Sept. 4 at the Middleburg Heights Holiday Inn.

For details contact: Doris Wender, 65 S. Front Street, Rm. 707, Columbus, Ohio 43215, Phone 614-228-3788.

Frisby named top troop

Cadet Daniel K. Frisby, of Company D, has been selected Soldier of the Year of the 373rd Engineer Battalion. Qualifications for this honor are: you must have qualified as sharpshooter or expert with the M16A1 Rifle, attended annual training 1982, have attended all drills in the past year and must be an outstanding individual in military knowledge and bearing. Frisby is in the ROTC program at the University of Cincinnati, majoring in Criminal Justice.

Frisby is the son of Mr. and Mrs. Earl Frisby, Middletown.

220th picks best airman

Three members of the 220th Engineer Installation Squadron have been selected Outstanding Airman of the Quarter for the 220th. The three will represent the 220th for competition in the Air Force's 12 Outstanding Airman of the Year competition.

MSgt. Gary L. Smith, the 220th pick in the Senior NCO category is the NCOIC of outside wire. He is an 8-year veteran of the 220th, and a 16-year veteran of the military. He works as a civilian capacity at Rardon Inc., as a shipping clerk. He resides in Urbana with his wife, Keili, and four children.

Outstanding airman tapped

MSgt. Robert A. Mercer and SSgt. David R. Tussey were selected to represent Ohio in the national selection of the 12 Outstanding Airman of 1982.

Mercer, a recruiter assigned to the 160th Air Refueling Group at Rickenbacker Air National Guard Base, was chosen in the Senior Sergeant class. Tussey, NCOIC of training for the 160th Security Police Flight, was chosen in the E-4 to E-6 class.

Each state sends three representatives: senior sergeant, E-4 to E-6 and E-1 to E-3 to the national selection by the National Guard Bureau.

The 12 individuals are selected on the basis of their service to country, unit and community; job knowledge; self-improvement; and leadership qualities displayed throughout their Air Force career.

Nancy Free

WEDDING BELLS — Sgt. Jacqueline Colletta is led down the aisle by SFC Harold Leone in her wedding to SSgt. Herbert J. Kenyon Jr. The 107th Amored Cav members were wed by Czy Chaplin (Capt.) William Sanders at the Faith Chapel Open Bible Church in Youngstown. (Photo by Mrs. Ron Edwards)

Rickenbacker update

Editor's note: In the Benefits issue of the December 1984 Buckeye Guard, some errors were made in our story today at Rickenbacker Air National Guard Base, which is south of Columbus. Here is the corrected version of that story.

Just south of Columbus, Rickenbacker Air National Guard Base houses a multitude of services available to Ohio National Guard members.

Among them:

The former commissary is now called the BX Food Exchange and is open to active and reserve members. For Guard members, the same rules apply here as do for PX Visits. Hours are from 10 a.m. to 6 p.m. Tuesday through Friday; 9 a.m. to 5 p.m. on Saturday; and noon to 5 p.m. on Sundays. The exchange is closed on Mondays.

The Rickenbacker Base Exchange Main store in Building 812 is open from 10 a.m. to 5 p.m. Tuesday through Saturday and noon to 5 p.m. on Sundays. It, too, is closed on Mondays.

The dry cleaning store, also in Building 812, is open from 10 a.m. to 5 p.m. Tuesday through Saturday.

The billing office located in Building 92, has rooms available on a first-come, first-served basis (excluding reservations made by units drilling at Rickenbacker) on drill weekends for off-out units Guardmembers. The cost is $45.00.

The First Service Credit Union (formerly the Ohio Military Federal Credit Union) in Building 20, is open from 8 a.m. to 4 p.m. Tuesday through Friday and from 10 a.m. to 4 p.m. on Saturdays. Also, the base has a consolidated open mess, open to all ranks. There are many activities at the club, ranging from dinner to special dances. For more information, call 491-5501.

Robinson a winner

Sgt. Debra S. Robinson was selected from more than 800 members of the 179th Tactical Air Lift Group at Mansfield Lahm Airport to be the Outstanding Airman for the period July through December 1982.

Robinson is a financial services specialist in the 179th Resource Management Squadron. She is full time technician for the Mansfield unit, and her husband, George A. Robinson, III, is also a member of the unit.

Martin Metzger

More wedding bells

Camp Grayling, Mich., means a lot of things to National Guardmen — hard work, little sleep and, of course, some good times.

Romance generally isn't on the list.

But for two members of Headquarters and Headquarters Co. of the 134th Engineer Group (CBT), that pine-splashed chunk of land in the north woods brings back romantic memories.

That's because PFC James Harbaum and PFC Sheila Peal met there last summer during annual training.

On Feb. 4, the pair joined forces and became Mr. and Mrs. James Harbaum.

The bride, a supply specialist with HHC, works for the Lesbian Corp. in Hamilton, while Harbaum, who is assigned to the 51st section, is a clerk for a Hamilton beverage store.

Dan Darragh

James and Sheila Harbaum
Myers and Tina Larson, Michael Myers, Jeffrey Durfei is Administrator for the Franklin County 

GARY DOUGLAS, TIMOTHY HOBBS, HISSONG, PLEAR, CHARLES YANCHIK, GEORGE WAYNE REED and CARY TAYLOR.

For the 512th Engineer Group, Zanesville is proud to announce

Sgt. Rockwell is the 2nd place winner in the 54th Support Squadron for outstanding recruting support to them.

In the Guard for over 20 years and perhaps to master a new craft. Come join us at the old kid's workshop next week to see who was with us at the Kahiki in February.

Spring fever is an epidemic at this point! The season of renewal and new life grips everyone a morose boost. The Ohio National Guard Officers’ Wives’ Club is winding up the 1982-

Continue from pg. 20

National Guard members who have recently been promoted were:

Sgt. David Danenberg, CPL Lawrence Tudor of Company D, 372nd Engineer Battalion, Middle-


The 220th Engineering Installation Squadron, Zanesville is proud to announce the promotions of Maj. Michael Emese, Jr., Tsgt. JAY DAY and A1C STEVE WHITE.

Each has been the recipient of the Maj. General M. McClain Award, the National Guard Bureau Communica-


The Ohio National Guard Officers’ Wives’ Club is winding up the 1982-1983 year of meetings with some wonder-

in our fellowship because we cannot contact her.

UNIT commanders, by regulations, may not release rosters. This leaves only wives who are on a chain of command, to gather our fellow Guard Wives into the groups and make them well. There are many Guard Wives who want to help and may be available. And perhaps to master a new craft. Come join us at the old kid's workshop next week to see who was with us at the Kahiki in February. Chain needed — link up!

Remember the old chain letter concept and the installation of officers was held at the Colonel Crawford Inn, in the Ohio Village. This proved to be so successful and good, so the Village so fascinating that it is being

repeated this year. On May 25, the group will again gather at Ohio Village.

Has it been a while since you visited the Columbus Zoo? If so, be prepared for a special surprise. The Zoo has a new look and OWC got a glimpse of it when it was here in November. Zoo President, John Present, visited with us on March 22. Special thanks to Mr. Board, and also to Mr. Richard Runge and to MSgt. Donald Lyon.

HHD, Ohio ARNG, Worthington, con-

gratulates Spg. Rick Collier for rec-

ceiling the Medal of Merit in February 1983. Collier works in the orderly room on weekend shifts. The following HHD members were promoted to Spgs.

SAM Brey and David Lyon and SFC Marsha Tate. Congratulations to all.


The 54th Support Squadron, Worthington, is proud to announce the advancement of three Ptts. To TODD FRIEND, NICK SMITH and John Frey. Congratulations to JERRY WADE on his promotion to MSGT.

Members of Troop K, 1/107th Armored Cavalry Regiment, Ashtabula recently presented Ptts. 2s. R. H. S.樣友, REED BUCKLEY and ERROL T. JACKSON; PNGS. RONALD G. FIRESTONE and JOHN TREME and SRG. RICHARD H. HINKLEY.

This past year has been a banner year for the 251st Combat Communications Company, Springfield. The past year has been a banner year for the 251st CCC. The group has been the recipient of the Maj. General M. McClain Award, the National Guard Bureau Communica-

the following Electronics Trophy and now the Air Force Outstanding Unit Award.

Spgs. promoted by 141th Transportation Company, Worthington were Spg. David Dixon and Charles B. Hopker.

Until the next issue of OWC, which will be available on this date.

Last May, the final luncheon of the year and the installation of officers was held at the Colonel Crawford Inn, in the Ohio Village. This proved to be so successful and good, so the Village so fascinating that it is being

repeated this year. On May 25, the group will again gather at Ohio Village. Has it been a while since you visited the Columbus Zoo? If so, be prepared for a special surprise. The Zoo has a new look and OWC got a glimpse of it when it was here in November. Zoo President, John Present, visited with us on March 22. Special thanks to Mr. Board, and also to Mr. Richard Runge and to MSgt. Donald Lyon.

Has it been a while since you visited the Columbus Zoo? If so, be prepared for a special surprise. The Zoo has a new look and OWC got a glimpse of it when it was here in November. Zoo President, John Present, visited with us on March 22. Special thanks to Mr. Board, and also to Mr. Richard Runge and to MSgt. Donald Lyon.

Has it been a while since you visited the Columbus Zoo? If so, be prepared for a special surprise. The Zoo has a new look and OWC got a glimpse of it when it was here in November. Zoo President, John Present, visited with us on March 22. Special thanks to Mr. Board, and also to Mr. Richard Runge and to MSgt. Donald Lyon.

Has it been a while since you visited the Columbus Zoo? If so, be prepared for a special surprise. The Zoo has a new look and OWC got a glimpse of it when it was here in November. Zoo President, John Present, visited with us on March 22. Special thanks to Mr. Board, and also to Mr. Richard Runge and to MSgt. Donald Lyon.

Has it been a while since you visited the Columbus Zoo? If so, be prepared for a special surprise. The Zoo has a new look and OWC got a glimpse of it when it was here in November. Zoo President, John Present, visited with us on March 22. Special thanks to Mr. Board, and also to Mr. Richard Runge and to MSgt. Donald Lyon.

Has it been a while since you visited the Columbus Zoo? If so, be prepared for a special surprise. The Zoo has a new look and OWC got a glimpse of it when it was here in November. Zoo President, John Present, visited with us on March 22. Special thanks to Mr. Board, and also to Mr. Richard Runge and to MSgt. Donald Lyon.

Has it been a while since you visited the Columbus Zoo? If so, be prepared for a special surprise. The Zoo has a new look and OWC got a glimpse of it when it was here in November. Zoo President, John Present, visited with us on March 22. Special thanks to Mr. Board, and also to Mr. Richard Runge and to MSgt. Donald Lyon.

Has it been a while since you visited the Columbus Zoo? If so, be prepared for a special surprise. The Zoo has a new look and OWC got a glimpse of it when it was here in November. Zoo President, John Present, visited with us on March 22. Special thanks to Mr. Board, and also to Mr. Richard Runge and to MSgt. Donald Lyon.

Has it been a while since you visited the Columbus Zoo? If so, be prepared for a special surprise. The Zoo has a new look and OWC got a glimpse of it when it was here in November. Zoo President, John Present, visited with us on March 22. Special thanks to Mr. Board, and also to Mr. Richard Runge and to MSgt. Donald Lyon.

Has it been a while since you visited the Columbus Zoo? If so, be prepared for a special surprise. The Zoo has a new look and OWC got a glimpse of it when it was here in November. Zoo President, John Present, visited with us on March 22. Special thanks to Mr. Board, and also to Mr. Richard Runge and to MSgt. Donald Lyon.
Enlisted association plans membership push

How many of you know what your enlisted association is and what it's supposed to do for you?

The Ohio National Guard Enlisted Association was first begun in 1971 when several members of the senior NCO council decided that there should be an association to represent the Ohio National Guard. The first state conference was held in August 1972 at the Rickenbacker Air National Guard NCO club. At that time Nate Monastars was elected president. Other presidents since 1972 were: Gerald Torre, Frank Carwight, James Sebetto, Wes Stoner, Tom Foster, and now president Carl Bicanowsky.

When first begun the committee decided that the purpose for the association would be: to promote and maintain adequate state security and to promote and advance the status, welfare and professionalism and genuine Americanism of the National Guard of Ohio. The policy of the Enlisted Association is to expend our efforts to develop a strong and patriotic National Guard to better serve our country and make the world a better place to live and bring up our children.

Any retiree or Ohio National Guard enlisted member is eligible to become a member of the Association. Everyone in the Guard should be a member in order to support the above policies.

Our objectives include: growth in membership, effective legislative programs, acquiring distinctive license plates, receiving adequate pay for both state and federal employees, modern equipment, improved benefits for retirees, improved medical and dental benefits, and many others.

In order to get and maintain our objectives we must build our membership.

O'Neill picked as employer rep for Ohio Guard

Henry M. O'Neill, Jr., has been appointed the new chairman of the Ohio Committee for Employer Support of the Guard and Reserve.

The Ohio group is one of 34 state-level committees which comprise the National Committee for Employer Support of the Guard and Reserve, a Department of Defense-sponsored volunteer group. The committee seeks to reinforce good working relationships between the nation's employers and the 1.3 million men and women who serve in the National Guard and Reserve forces.

The committee was formed because as many as a third of Guard and Reserve members who leave military service cite "employment conflict" as the cause of their departures.

O'Neill succeeds former United States Sen. William B. Saxbe, who headed the Ohio committee since March, 1979.

The committee is made up of representatives of major Ohio employers, senior National Guard and Reserve forces' commanders, and senior NCOs within the state. They conduct a number of informational and educational programs designed to convince employers of the need for a strong Guard and Reserve force, and of the need for the employers' enthusiastic cooperation with the military training duties of their employees who serve in the military.
Ohio National Guard Family
“Father’s Day” Weekend Celebration
at Geauga Lake

Sunday,
June 19, 1983

Reserved Picnic Pavilions # 7 & 8
Reg. Gate Price ............ $9.95
Savings: ..................... 3.95
Your Price (per person) ... $6.00

For ticket information call
1-800-282-7310

NEW IN 1983!

It's a rare taste of New England — right here in Aurora, Ohio. Geauga Lake’s Neptune’s Falls, the newest attraction in the all-new Boardwalk Shores area.

Whether you're new to Geauga Lake or enjoying another happy return, we invite you to join us in discovering all that's new! Superbly catered meals - Private picnic pavilions - Fresh, friendly faces. Bring your family, friends, neighbors. And this year, bring your bathing suits. Our giant waterslide complex promises to be the most adventurous part of the day.

Neptune's Falls, four new water slides, bring a new dimension to the entertainment package at Geauga Lake. Each water slide, approximately 400 feet in length and 50 feet high with 360 degree turns and 45 degree drops, will excite and challenge watersliders of all ages.

If Neptune's Falls are too much for you, you can still watch the kids in the Kiddie Pools, or lie on the beach. And all of the amenities you find at the beach — bathhouses, lounging decks and cafes — are all waiting for you at Geauga Lake in 1983.

BUT THAT'S NOT ALL

Take a turn on our famous Double Loop, Corkscrew and Big Dipper supercoasters. Enjoy all the live entertainment shows, games, rides, restaurants, food stands. And, for the small set, Kiddieland keeps them pleased. It all adds up to new and affordable pleasures. So whatever suits your fancy, it's here at Geauga Lake. Quality and entertainment at its very best!

EXPERIENCE ALL THAT SUMMER HAS TO OFFER AT GEOUGA LAKE!