

**OFFICER AREAS OF CONCENTRATION  
OCCUPATIONAL PHYSICAL ASSESSMENT TEST  
PHYSICAL DEMAND CATEGORIES**

| <b>MOS</b> | <b>TITLE</b>  | <b>PHYSICAL DEMANDS<br/>CATEGORY</b> |
|------------|---|--------------------------------------|
| 11A        | Infantry  | HEAVY                                |
| 12A        | Engineer  | HEAVY                                |
| 13A        | Field Artillery, General                            | HEAVY                                |
| 14A        | Air Defense Artillery Officer                       | SIGNIFICANT                          |
| 15A        | Aviation, General                                   | HEAVY                                |
| 15B        | Aviation Combined Arms Operations                   | HEAVY                                |
| 15C        | Aviation All-Source Intelligence                    | HEAVY                                |
| 15D        | Aviation Maintenance Officer                        | HEAVY                                |
| 17A        | Cyber Warfare                                       | MODERATE                             |
| 18A        | Special Forces                                      | HEAVY                                |
| 19A        | Armor   | HEAVY                                |
| 25A        | Signal, General                                     | SIGNIFICANT                          |
| 25G        | Network Integration                                 | MODERATE                             |
| 25Z        | Network Integration                                 | MODERATE                             |
| 27A        | Judge Advocate General                              | MODERATE                             |
| 27B        | Military Judge                                      | MODERATE                             |
| 31A        | Military Police                                     | SIGNIFICANT                          |
| 35D        | All Source Intelligence                             | MODERATE                             |
| 35E        | Counter Intelligence (CI)                           | MODERATE                             |
| 35F        | Human Intelligence (HUMINT)                         | MODERATE                             |
| 35G        | Signals Intelligence/Electronic Warfare (SIGINT/EW) | MODERATE                             |
| 36A        | Financial Manager                                   | MODERATE                             |
| 37A        | Psychological Operations                            | MODERATE                             |
| 37X        | Psychological Operations, Designated                | MODERATE                             |
| 38A        | Civil Affairs (AA & USAR)                           | MODERATE                             |
| 38G        | Military Government (USAR Only)                     | MODERATE                             |
| 38X        | Civil Affairs, Designated                           | MODERATE                             |
| 42B        | Human Resources Officer                             | SIGNIFICANT                          |
| 42C        | Army Music  | MODERATE                             |
| 42H        | Senior Human Resources Officer                      | SIGNIFICANT                          |
| 56A        | Command & Unit Chaplain                             | MODERATE                             |
| 56D        | Clinical Pastoral Educator                          | MODERATE                             |
| 56X        | Chaplain Candidate                                  | MODERATE                             |
| 60A        | Operational Medicine                                | MODERATE                             |
| 60B        | Nuclear Medicine Officer                            | MODERATE                             |
| 60C        | Preventive Medicine Officer                         | MODERATE                             |
| 60D        | Occupational Medicine Officer                       | MODERATE                             |

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|     |   |          |
|-----|---|----------|
| 60F | Pulmonary Disease/Critical Care Officer | MODERATE |
| 60G | Gastroenterologist                      | MODERATE |
| 60H | Cardiologist                            | MODERATE |
| 60J | Obstetrician & Gynecologist             | MODERATE |
| 60K | Urologist                               | MODERATE |
| 60L | Dermatologist                           | MODERATE |
| 60M | Allergist, Clinical Immunologist        | MODERATE |
| 60N | Anesthesiologist                        | MODERATE |
| 60P | Pediatrician                            | MODERATE |
| 60Q | Pediatric Sub-Specialist                | MODERATE |
| 60R | Child Neurologist                       | MODERATE |
| 60S | Ophthalmologist                         | MODERATE |
| 60T | Otolaryngologist                        | MODERATE |
| 60U | Child Psychiatrist                      | MODERATE |
| 60V | Neurologist                             | MODERATE |
| 60W | Psychiatrist                            | MODERATE |
| 61A | Nephrologist                            | MODERATE |
| 61B | Medical Oncologist/Hematologist         | MODERATE |
| 61C | Endocrinologist                         | MODERATE |
| 61D | Rheumatologist                          | MODERATE |
| 61E | Clinical Pharmacologist                 | MODERATE |
| 61F | Internist                               | MODERATE |
| 61G | Infectious Disease Officer              | MODERATE |
| 61H | Family Medicine                         | MODERATE |
| 61J | General Surgeon                         | MODERATE |
| 61K | Thoracic Surgeon                        | MODERATE |
| 61L | Plastic Surgeon                         | MODERATE |
| 61M | Orthopedic Surgeon                      | MODERATE |
| 61N | Flight Surgeon                          | MODERATE |
| 61P | Physiatrist                             | MODERATE |
| 61Q | Radiation Oncologist                    | MODERATE |
| 61R | Diagnostic Radiologist                  | MODERATE |
| 61U | Pathologist                             | MODERATE |
| 61W | Peripheral Vascular Surgeon             | MODERATE |
| 61Z | Neurosurgeon                            | MODERATE |
| 62A | Emergency Physician                     | MODERATE |
| 62B | Field Surgeon                           | MODERATE |
| 63A | General Dentist                         | MODERATE |
| 63B | Comprehensive Dentist                   | MODERATE |
| 63D | Periodontist                            | MODERATE |
| 63E | Endodontist                             | MODERATE |
| 63F | Prosthodontist                          | MODERATE |
| 63H | Public Health Dentist                   | MODERATE |

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|     |   |          |
|-----|---|----------|
| 63K | Pediatric Dentist                                   | MODERATE |
| 63M | Orthodontist  | MODERATE |
| 63N | Oral & Maxillofacial Surgeon                        | MODERATE |
| 63P | Oral Pathologist                                    | MODERATE |
| 63R | Executive Dentist                                   | MODERATE |
| 64A | Field Veterinary Service                            | MODERATE |
| 64B | Veterinary Preventive Medicine                      | MODERATE |
| 64C | Veterinary Laboratory Animal Medicine               | MODERATE |
| 64D | Veterinary Pathology                                | MODERATE |
| 64E | Veterinary Biomedical Scientist                     | MODERATE |
| 64F | Veterinary Clinical Medicine                        | MODERATE |
| 64Z | Senior Veterinarian (Immaterial)                    | MODERATE |
| 65A | Occupational Therapy                                | MODERATE |
| 65B | Physical Therapy                                    | MODERATE |
| 65C | Dietitian   | MODERATE |
| 65D | Physician Assistant                                 | MODERATE |
| 65X | Specialist Allied Operations                        | MODERATE |
| 66B | Army Public Health Nurse                            | MODERATE |
| 66C | Psychiatric/Behavioral Health Nurse                 | MODERATE |
| 66E | Perioperative Nurse                                 | MODERATE |
| 66F | Nurse Anesthetist                                   | MODERATE |
| 66G | Obstetrics & Gynecology                             | MODERATE |
| 66H | Medical-Surgical Nurse                              | MODERATE |
| 66N | Generalist Nurse                                    | MODERATE |
| 66P | Family Nurse Practitioner                           | MODERATE |
| 66R | Psychiatric/Behavioral Health Nurse Practitioner    | MODERATE |
| 66S | Critical Care Nursing                               | MODERATE |
| 66T | Emergency Nursing                                   | MODERATE |
| 66W | Certified Nurse Midwife                             | MODERATE |
| 67A | Health Services                                     | MODERATE |
| 67B | Laboratory Sciences                                 | MODERATE |
| 67C | Preventive Medicine Sciences                        | MODERATE |
| 67D | Behavioral Sciences                                 | MODERATE |
| 67E | Pharmacy  | MODERATE |
| 67F | Optometry   | MODERATE |
| 67G | Podiatry  | MODERATE |
| 67J | Aeromedical Evacuation                              | MODERATE |
| 74A | Chemical, Biological, Radiological & Nuclear (CBRN) | MODERATE |
| 88A | Transportation, General                             | HEAVY    |
| 90A | Logistics   | MODERATE |

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|     |  |          |
|-----|--|----------|
| 91A | Maintenance & Munitions Materiel Officer | MODERATE |
| 92A | Quartermaster, General                   | HEAVY    |

**WARRANT OFFICER MILITARY OCCUPATIONAL SPECIALTIES**  
**OCCUPATIONAL PHYSICAL ASSESSMENT TEST**  
**PHYSICAL DEMAND CATEGORIES**

| <b>MOS</b> | <b>TITLE</b>   | <b>PHYSICAL DEMANDS CATEGORY</b> |
|------------|--|----------------------------------|
| 120A       | Construction Engineering Technician                      | MODERATE                         |
| 125D       | Geospatial Engineering Technician                        | MODERATE                         |
| 131A       | Field Artillery Targeting Technician                     | MODERATE                         |
| 140A       | Command & Control Systems Integrator                     | MODERATE                         |
| 140E       | Air & Missile Defense (AMD) Systems Tactician/Technician | MODERATE                         |
| 140X       | Air Defense Artillery (ADA) Immaterial                   | MODERATE                         |
| 150A       | Air Traffic & Air Space Management Technician            | MODERATE                         |
| 150U       | Unmanned Aircraft Systems Operations Technician          | MODERATE                         |
| 151A       | Aviation Maintenance Technician (Nonrated)               | MODERATE                         |
| 152B       | OH-58A/C Scout Pilot (RC)                                | HEAVY                            |
| 152C       | OH-6 Pilot   | HEAVY                            |
| 152D       | OH-58D Pilot   | HEAVY                            |
| 152E       | AH-64E Pilot   | HEAVY                            |
| 152F       | AH-64A Attack Pilot                                      | HEAVY                            |
| 152H       | AH-64D Attack Pilot                                      | HEAVY                            |
| 153A       | Rotary Wing Aviator (Aircraft Nonspecific)               | HEAVY                            |
| 153B       | UH-1 Pilot (RC)  | MODERATE                         |
| 153D       | UH-60 Pilot  | HEAVY                            |
| 153E       | Mh-60 Pilot  | HEAVY                            |
| 153L       | UH-72A Pilot   | HEAVY                            |
| 153M       | UH-60M Pilot   | HEAVY                            |
| 154C       | CH-47D Pilot   | HEAVY                            |
| 154E       | MH-47 Pilot  | HEAVY                            |
| 154F       | CH-47F Pilot   | HEAVY                            |
| 155A       | Fixed Wing Aviator (Aircraft Nonspecific)                | MODERATE                         |
| 155E       | C-12 Pilot   | MODERATE                         |
| 155F       | Jet Aircraft Pilot                                       | MODERATE                         |
| 155G       | O-5A/EO-5B/RC-7 Pilot                                    | MODERATE                         |
| 170A       | Cyber Operations Technician                              | MODERATE                         |
| 180A       | Special Forces Warrant Officer                           | MODERATE                         |
| 255A       | Information Services Technician                          | MODERATE                         |
| 255N       | Network Management Technician                            | MODERATE                         |
| 255S       | Information Protection Technician                        | MODERATE                         |
| 255Z       | Senior Network Operations Technician                     | MODERATE                         |
| 270A       | Legal Administrator                                      | MODERATE                         |
| 290A       | Electronic Warfare Technician                            | MODERATE                         |
| 311A       | Cid Special Agent  | MODERATE                         |
| 350F       | All Source Intelligence Technician                       | MODERATE                         |
| 350G       | Geospatial Intelligence Imagery Technician               | MODERATE                         |

**WARRANT OFFICER MILITARY OCCUPATIONAL SPECIALTIES**  
**OCCUPATIONAL PHYSICAL ASSESSMENT TEST**  
**PHYSICAL DEMAND CATEGORIES**

|      |   |             |
|------|---|-------------|
| 351L | Counterintelligence Technician  | MODERATE    |
| 351M | Human Intelligence Collection Technician  | MODERATE    |
| 351Y | Area Intelligence Technician  | MODERATE    |
| 351Z | Attache Technician  | MODERATE    |
| 352N | Signals Intelligence Analysis Technician  | MODERATE    |
| 352S | Signals Collection Technician   | MODERATE    |
| 353T | Intelligence Systems Integration & Maintenance Technician                               | MODERATE    |
| 420A | Human Resources Technician  | SIGNIFICANT |
| 420C | Bandmaster  | MODERATE    |
| 640A | Food Safety Officer   | MODERATE    |
| 670A | Health Services Maintenance Technician  | MODERATE    |
| 740A | Chemical, Biological, Radiological & Nuclear (CBRN) Warrant Officer                     | MODERATE    |
| 880A | Marine Deck Officer   | MODERATE    |
| 881A | Marine Engineering Officer  | MODERATE    |
| 882A | Mobility Officer  | MODERATE    |
| 890A | Ammunition Technician   | MODERATE    |
| 913A | Armament Systems Maintenance Warrant Officer  | MODERATE    |
| 914A | Allied Trades Warrant Officer   | MODERATE    |
| 915A | Automotive Maintenance Warrant Officer  | MODERATE    |
| 915E | Senior Automotive Maintenance Warrant Officer/Senior Ordnance Logistics Warrant Officer | MODERATE    |
| 919A | Engineer Equipment Maintenance Warrant Officer  | MODERATE    |
| 920A | Property Accounting Technician  | MODERATE    |
| 920B | Supply Systems Technician   | MODERATE    |
| 921A | Airdrop Systems Technician  | MODERATE    |
| 922A | Food Service Technician   | MODERATE    |
| 923A | Petroleum Technician  | MODERATE    |
| 948B | Electronic Systems Maintenance Warrant Officer  | MODERATE    |
| 948D | Electronic Missile Systems Maintenance Warrant Officer                                  | MODERATE    |
| 948E | Senior Electronics Maintenance Warrant Officer  | MODERATE    |

**ENLISTED MILITARY OCCUPATIONAL SPECIALTIES**  
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| <b>MOS</b> | <b>TITLE</b>   | <b>PHYSICAL DEMANDS CATEGORY</b> |
|------------|--|----------------------------------|
| 00Z        | Sergeant Major Nominative                                      | MODERATE                         |
| 09B        | Trainee Unassigned   | MODERATE                         |
| 09C        | Trainee Language   | MODERATE                         |
| 09D        | College Trainee  | MODERATE                         |
| 09E        | Trainee Language, Fort Allen PR                                | MODERATE                         |
| 09J        | GED Completion Program   | MODERATE                         |
| 09L        | Interpreter/Translator   | MODERATE                         |
| 09M        | March 2 Success  | MODERATE                         |
| 09N        | Nurse Corps Candidate  | MODERATE                         |
| 09Q        | Army Legal Immigrant Healthcare Professional Officer Candidate | MODERATE                         |
| 09R        | Simultaneous Member Program                                    | MODERATE                         |
| 09S        | Commissioned Officer Candidate                                 | MODERATE                         |
| 09T        | College Student Army National Guard Officer Program            | MODERATE                         |
| 09U        | Unqualified In Authorized Army MOS                             | MODERATE                         |
| 09W        | Warrant Officer Candidate                                      | MODERATE                         |
| 11B        | Infantryman  | HEAVY                            |
| 11C        | Indirect Fire Infantryman                                      | HEAVY                            |
| 11X        | Infantry Recruit   | HEAVY                            |
| 11Z        | Infantry Senior Sergeant                                       | MODERATE                         |
| 12A        | Engineer Senior Sergeant                                       | MODERATE                         |
| 12B        | Combat Engineer  | HEAVY                            |
| 12C        | Bridge Crewmember  | HEAVY                            |
| 12D        | Diver  | HEAVY                            |
| 12G        | Quarrying Specialist (RC)                                      | SIGNIFICANT                      |
| 12H        | Construction Engineering Supervisor                            | MODERATE                         |
| 12K        | Plumber  | MODERATE                         |
| 12M        | Firefighter  | SIGNIFICANT                      |
| 12N        | Horizontal Construction Engineer                               | MODERATE                         |
| 12P        | Prime Power Production Specialist                              | HEAVY                            |
| 12Q        | Power Line Distribution Specialist (RC)                        | MODERATE                         |
| 12R        | Interior Electrician   | MODERATE                         |
| 12T        | Technical Engineer   | MODERATE                         |
| 12V        | Concrete & Asphalt Equipment Operator (RC)                     | SIGNIFICANT                      |
| 12W        | Carpentry & Masonry Specialist                                 | MODERATE                         |
| 12X        | General Engineering Supervisor                                 | MODERATE                         |
| 12Y        | Geospatial Engineer  | MODERATE                         |
| 12Z        | Combat Engineering Senior Sergeant                             | MODERATE                         |
| 13B        | Cannon Crewmember  | HEAVY                            |

**ENLISTED MILITARY OCCUPATIONAL SPECIALTIES**  
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|     |   |             |
|-----|---|-------------|
| 13D | Field Artillery Automated Tactical Data System Specialist                                       | MODERATE    |
| 13F | Joint Fire Support Specialist   | HEAVY       |
| 13J | Fire Control Specialist   | MODERATE    |
| 13M | Multiple Launch Rocket System (MLRS)/High Mobility Artillery Rocket Syst Em (HIMARS) Crewmember | MODERATE    |
| 13P | Multiple Launch Rocket System (MLRS) Operational Fire Direction Specialist                      | MODERATE    |
| 13R | Field Artillery Firefinder Radar Operator   | MODERATE    |
| 13T | Field Artillery Surveyor/Meteorological Crewmember  | MODERATE    |
| 13X | Field Artillery Computer Systems Specialist   | MODERATE    |
| 13Z | Field Artillery Senior Sergeant   | MODERATE    |
| 14E | Patriot Fire Control Enhanced Operator/Maintainer   | MODERATE    |
| 14G | Air Defense Battle Management System Operator   | MODERATE    |
| 14H | Air Defense Enhanced Early Warning Operator   | MODERATE    |
| 14P | Air & Missile Defense (AMD) Crewmember  | SIGNIFICANT |
| 14S | Avenger Crewmember  | SIGNIFICANT |
| 14T | Patriot Launching Station Enhanced Operator/Maintainer  | MODERATE    |
| 14X | Space and Missile Defense Operations  | MODERATE    |
| 14Z | Air Defense Artillery Senior Sergeant   | MODERATE    |
| 15B | Aircraft Powerplant Repairer  | SIGNIFICANT |
| 15D | Aircraft Powertrain Repairer  | SIGNIFICANT |
| 15E | Unmanned Aircraft Systems Repairer  | SIGNIFICANT |
| 15F | Aircraft Electrician  | SIGNIFICANT |
| 15G | Aircraft Structural Repairer  | MODERATE    |
| 15H | Aircraft Pneudraulics Repairer  | MODERATE    |
| 15J | OH-58D Armament/Electrical/Avionics Systems Repairer  | SIGNIFICANT |
| 15K | Aircraft Components Repair Supervisor   | MODERATE    |
| 15L | Armament/Electrical/Avionics Repair Supervisor (Arm/Elect/Avionics Rep Supv)                    | MODERATE    |
| 15N | Avionic Mechanic  | SIGNIFICANT |
| 15P | Aviation Operations Specialist  | MODERATE    |
| 15Q | Air Traffic Control Operator  | MODERATE    |
| 15R | AH-64 Attack Helicopter Repairer  | SIGNIFICANT |
| 15S | OH-58D Helicopter Repairer  | SIGNIFICANT |
| 15T | UH-60 Helicopter Repairer   | SIGNIFICANT |
| 15U | CH-47 Helicopter Repairer   | SIGNIFICANT |
| 15V | Observation/Scout Helicopter Repairer (RC)  | HEAVY       |



**ENLISTED MILITARY OCCUPATIONAL SPECIALTIES**  
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|     |   |             |
|-----|---|-------------|
| 15W | Unmanned Aircraft Systems Operator                          | SIGNIFICANT |
| 15Y | AH-64D Armament/Electrical/Avionic Systems Repairer         | HEAVY       |
| 15Z | Aircraft Senior Sergeant                                    | MODERATE    |
| 17C | Cyber Operations Specialist                                 | MODERATE    |
| 18B | Special Forces Weapons Sergeant                             | HEAVY       |
| 18C | Special Forces Engineer Sergeant                            | HEAVY       |
| 18D | Special Forces Medical Sergeant                             | HEAVY       |
| 18E | Special Forces Communications Sergeant                      | HEAVY       |
| 18F | Special Forces Assistant Operations & Intelligence Sergeant | HEAVY       |
| 18X | Special Forces Recruit                                      | HEAVY       |
| 18Z | Special Forces Senior Sergeant                              | MODERATE    |
| 19D | Cavalry Scout   | HEAVY       |
| 19K | M1 Armor Crewman  | HEAVY       |
| 19Z | Armor Senior Sergeant                                       | MODERATE    |
| 25B | Information Technology Specialist                           | MODERATE    |
| 25C | Radio Operator-Maintainer                                   | MODERATE    |
| 25D | Cyber Network Defender                                      | MODERATE    |
| 25E | Electromagnetic Spectrum Manager                            | MODERATE    |
| 25L | Cable Systems Installer-Maintainer                          | SIGNIFICANT |
| 25M | Multimedia Illustrator                                      | MODERATE    |
| 25N | Nodal Network Systems Operator-Maintainer                   | MODERATE    |
| 25P | Microwave Systems Operator-Maintainer                       | MODERATE    |
| 25Q | Multichannel Transmission Systems Operator-Maintainer       | MODERATE    |
| 25R | Visual Information Equipment Operator-Maintainer            | SIGNIFICANT |
| 25S | Satellite Communication Systems Operator-Maintainer         | MODERATE    |
| 25T | Satellite/Microwave Systems Chief                           | MODERATE    |
| 25U | Signal Support Systems Specialist                           | MODERATE    |
| 25V | Combat Documentation/Production Specialist                  | MODERATE    |
| 25W | Telecommunications Operations Chief                         | MODERATE    |
| 25X | Chief Signal NCO  | MODERATE    |
| 25Z | Visual Information Operations Chief                         | MODERATE    |
| 27D | Paralegal Specialist  | MODERATE    |
| 29E | Electronic Warfare Specialist                               | MODERATE    |
| 31B | Military Police   | SIGNIFICANT |
| 31D | CID Special Agent   | MODERATE    |
| 31E | Internment/Resettlement Specialist                          | MODERATE    |
| 31K | Military Working Dog (MWD) Handler                          | SIGNIFICANT |
| 35F | Intelligence Analyst  | MODERATE    |
| 35G | Geospatial Intelligence Imagery Analyst                     | MODERATE    |

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|     |  |             |
|-----|--|-------------|
| 35L | Counter Intelligence Agent                                 | MODERATE    |
| 35M | Human Intelligence Collector                               | MODERATE    |
| 35N | Signals Intelligence Analyst                               | MODERATE    |
| 35P | Cryptologic Linguist                                       | MODERATE    |
| 35Q | Cryptologic Network Warfare Specialist                     | MODERATE    |
| 35S | Signals Collector/Analyst                                  | MODERATE    |
| 35T | Military Intelligence Systems Maintainer/Integrator        | MODERATE    |
| 35V | Signals Intelligence (SIGINT) Senior Sergeant/SIGINT Chief | MODERATE    |
| 35X | Intelligence Senior Sergeant/Chief Intelligence Sergeant   | MODERATE    |
| 35Y | Chief Counter Intelligence/Human Intelligence Sergeant     | MODERATE    |
| 35Z | Intelligence Sergeant Major                                | MODERATE    |
| 36B | Financial Management Technician                            | MODERATE    |
| 37F | Psychological Operations Specialist                        | MODERATE    |
| 38B | Civil Affairs Specialist                                   | MODERATE    |
| 42A | Human Resources Specialist                                 | SIGNIFICANT |
| 42R | Musician   | SIGNIFICANT |
| 42S | Special Band Musician                                      | SIGNIFICANT |
| 46Q | Public Affairs Specialist                                  | MODERATE    |
| 46R | Public Affairs Broadcast Specialist                        | MODERATE    |
| 46Z | Chief Public Affairs NCO                                   | MODERATE    |
| 51C | Acquisition, Logistics & Technology (AI&T) Contracting NCO | MODERATE    |
| 56M | Religious Affairs Specialist                               | MODERATE    |
| 68A | Biomedical Equipment Specialist                            | MODERATE    |
| 68B | Orthopedic Specialist                                      | MODERATE    |
| 68C | Practical Nursing Specialist                               | MODERATE    |
| 68D | Operating Room Specialist                                  | MODERATE    |
| 68E | Dental Specialist  | MODERATE    |
| 68F | Physical Therapy Specialist                                | MODERATE    |
| 68G | Patient Administration Specialist                          | MODERATE    |
| 68H | Optical Laboratory Specialist                              | MODERATE    |
| 68J | Medical Logistics Specialist                               | MODERATE    |
| 68K | Medical Laboratory Specialist                              | MODERATE    |
| 68L | Occupational Therapy Specialist                            | MODERATE    |
| 68M | Nutrition Care Specialist                                  | MODERATE    |
| 68N | Cardiovascular Specialist                                  | MODERATE    |
| 68P | Radiology Specialist                                       | MODERATE    |
| 68Q | Pharmacy Specialist  | MODERATE    |
| 68R | Veterinary Food Inspection Specialist                      | MODERATE    |
| 68S | Preventive Medicine Specialist                             | MODERATE    |
| 68T | Animal Care Specialist                                     | MODERATE    |

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|     |   |             |
|-----|---|-------------|
| 68U | Ear, Nose & Throat (ENT) Specialist                                   | MODERATE    |
| 68V | Respiratory Specialist  | MODERATE    |
| 68W | Health Care Specialist  | SIGNIFICANT |
| 68X | Behavioral Health Specialist  | MODERATE    |
| 68Y | Eye Specialist  | MODERATE    |
| 68Z | Chief Medical NCO   | MODERATE    |
| 74D | Chemical, Biological, Radiological & Nuclear (CBRN) Specialist        | MODERATE    |
| 79R | Recruiter   | MODERATE    |
| 79S | Career Counselor  | MODERATE    |
| 79T | Recruiting & retention NCO (Army National Guard of the United States) | MODERATE    |
| 79V | Retention & Transition NCO, USAR                                      | MODERATE    |
| 88H | Cargo Specialist  | HEAVY       |
| 88K | Watercraft Operator   | HEAVY       |
| 88L | Watercraft Engineer   | SIGNIFICANT |
| 88M | Motor Transport Operator  | HEAVY       |
| 88N | Transportation Management Coordinator                                 | SIGNIFICANT |
| 88U | Railway Specialist (RC)   | MODERATE    |
| 88Z | Transportation Senior Sergeant  | MODERATE    |
| 89A | Ammunition Stock Control & Accounting Specialist                      | MODERATE    |
| 89B | Ammunition Specialist   | MODERATE    |
| 89D | Explosive Ordnance Disposal Specialist                                | MODERATE    |
| 91A | M1 Abrams Tank System Maintainer                                      | MODERATE    |
| 91B | Wheeled Vehicle Mechanic  | MODERATE    |
| 91C | Utilities Equipment Repairer  | MODERATE    |
| 91D | Tactical Power Generation Specialist                                  | MODERATE    |
| 91E | Allied Trades Specialist  | MODERATE    |
| 91F | Small Arms/Towed Artillery Repairer                                   | MODERATE    |
| 91G | Fire Control Repairer   | MODERATE    |
| 91H | Track Vehicle Repairer  | MODERATE    |
| 91J | Quartermaster & Chemical Equipment Repairer                           | MODERATE    |
| 91L | Construction Equipment Repairer                                       | MODERATE    |
| 91M | Bradley Fighting Vehicle System Maintainer                            | MODERATE    |
| 91P | Artillery Mechanic  | MODERATE    |
| 91S | Stryker Systems Maintainer  | MODERATE    |
| 91X | Maintenance Supervisor  | MODERATE    |
| 91Z | Mechanical Maintenance Supervisor                                     | MODERATE    |
| 92A | Automated Logistical Specialist                                       | SIGNIFICANT |
| 92F | Petroleum Supply Specialist   | SIGNIFICANT |
| 92G | Culinary Specialist   | SIGNIFICANT |
| 92L | Petroleum Laboratory Specialist                                       | MODERATE    |
| 92M | Mortuary Affairs Specialist   | HEAVY       |

**ENLISTED MILITARY OCCUPATIONAL SPECIALTIES**  
**OCCUPATIONAL PHYSICAL ASSESSMENT TEST**  
**PHYSICAL DEMAND CATEGORIES**

|     |   |             |
|-----|---|-------------|
| 92R | Parachute Rigger  | SIGNIFICANT |
| 92S | Shower & Laundry Specialist (S&L SPC)   | SIGNIFICANT |
| 92W | Water Treatment Specialist  | SIGNIFICANT |
| 92Y | Unit Supply Specialist  | MODERATE    |
| 92Z | Senior Noncommissioned Logistician  | MODERATE    |
| 94A | Land Combat Electronic Missile System Repairer                                  | MODERATE    |
| 94D | Air Traffic Control Equipment Repairer  | MODERATE    |
| 94E | Radio Equipment Repairer  | MODERATE    |
| 94F | Computer Detection Systems Repairer   | MODERATE    |
| 94H | Test, Measurement, & Diagnostic Equipment (TMDE) Maintenance Support Specialist | MODERATE    |
| 94M | Radar Repairer  | MODERATE    |
| 94P | Multiple Launch Rocket System Repairer  | MODERATE    |
| 94R | Avionic & Survivability Equipment Repairer                                      | MODERATE    |
| 94S | Patriot System Repairer   | MODERATE    |
| 94T | Short Range Air Defense System Repairer   | MODERATE    |
| 94W | Electronic Maintenance Supervisor   | MODERATE    |
| 94Y | Integrated Family of Test Equipment (IFTE) Operator & Maintainer                | MODERATE    |
| 94Z | Senior Electronic Maintenance Supervisor  | MODERATE    |