

# Hero Camp & Strong Family Workshop

## *Enjoy a day of educational fun!*

Hero Camps are designed to allow youth to build relationships with other military children while improving skills in resiliency, self expression, communication, leadership and team building skills.

Strong Family Workshops engage parents in hands on activities, round table discussions to share experiences as a part of an adult group, create resourceful toolkits and gain valuable insight and parenting tips from their peers and presenters.



## WHICH HERO CAMP IS RIGHT FOR YOUR YOUTH ?

**Ages 5-17**

**CINCINNATI ZOO**

**Hamilton county**

**April 25, 2015**

Youth will be learning about animals and experiencing several up close and personal. Enjoy the LUNCH INCLUDED and spend the rest of the afternoon on your own at the zoo.

Cost: \$12 per person

[www.regonline.com/AnimalFun15](http://www.regonline.com/AnimalFun15)

**Ages 6-12**

**SOUTHWEST HORSE FARM**

**Warren county**

**June 7, 2015**

Learn how horses can relate to humans with this hands on experience. Youth will get to groom and tack their own horse.

LUNCH INCLUDED

Cost: \$10 per person

[www.regonline.com/WestHeroHorse15](http://www.regonline.com/WestHeroHorse15)

**Ages 6-12**

**NORTHEAST HORSE FARM**

**Cuyahoga county**

**June 8, 2015**

Youth will learn the basic care of equine, discover how to read their emotions and in turn how to express themselves.

LUNCH INCLUDED

Cost: \$10 per youth.

[www.regonline.com/NorthHeroHorse15](http://www.regonline.com/NorthHeroHorse15)

**Ages 6-12**

**PARK**

**Richland county**

**June 17, 2015**

Come explore the great outdoors and learn about farm animals, geology, nature hikes and a wagon tour.

LUNCH INCLUDED

Cost: \$10 per person.

[www.regonline.com/FamilyDayPark15](http://www.regonline.com/FamilyDayPark15)

**Ages 5-17**

**COLUMBUS ZOO**

**Franklin County**

**July 18, 2015**

Youth will be learning about animals and experiencing several up close and personal.

Enjoy the LUNCH INCLUDED and spend the rest of the afternoon on your own at the zoo.

Cost: \$12 per person

[www.regonline.com/AnimalFunJuly15](http://www.regonline.com/AnimalFunJuly15)

**Ages 6-11**

**YOUTH SYMPOSIUM**

**Franklin County**

**April 18, 2015**

NO PARENT PROGRAM YOUTH ONLY!

Come enjoy the farm with hay rides, climbing wall, archery, and petting zoo.

LUNCH INCLUDED

Cost: \$20 per youth.

[www.regonline.com/Symposium15](http://www.regonline.com/Symposium15)

**Ages 5-12**

**GARDEN LUNCHEON**

**Lucas county**

**July 22, 2015**

Youth will explore nature with staff doing activities and playing games. Then enjoy a family scavenger hunt on your own.

LUNCH INCLUDED

Cost: \$5 per youth.

[www.regonline.com/HeroCampGarden15](http://www.regonline.com/HeroCampGarden15)

**Ages 6-12**

**OSPORTS CAMP**

**Franklin County**

**July 29, 2015**

Interact with OSU student athletes and learn valuable leadership and teamwork skills.

Enjoy a private tour of the OSU Stadium.

LUNCH INCLUDED

Cost: \$20 per youth.

[www.regonline.com/SportHeroCamp15](http://www.regonline.com/SportHeroCamp15)

**Ages 5-12**

**NATURE CENTER**

**Cuyahoga county**

**September date to come**

Come explore the great outdoors and learn about native plants and animals while hiking the trails around the lake.

LUNCH INCLUDED

Cost: \$10 per person.

[www.regonline.com/HeroCampLakes15](http://www.regonline.com/HeroCampLakes15)