

Steady State FRG

Having a strong unit FRG during “Steady State” (non-deployment times) is important to ensure that the FRG is intact and ready to assist our Service Members’ Families should they face a no notice mission. The unit FRG should assist in building ready Families through education and communication regarding programs and services available to Families.

Components of a successful Steady State FRG are:

1. Up-to-date Family Data Sheets (FDS), integrating Families into the FRG
2. Up-to-date Phone Trees both manual and automated
3. Up-to-date Email/Address Roster
4. Regularly scheduled quarterly meetings with guest speakers on topics of interest to Families
5. Quarterly Newsletters sent by either US Mail or email to the first Family member listed on FDS
6. Positively-focused and informational Family Readiness Activities
7. Attendance of Commander and/or Military Liaison at FRG meetings and Activities
8. Family Sponsorship
9. Internal Fundraiser

****As an “official program” of the Department of Defense, fundraising outside of the FRG is prohibited.****

The unit FRG is here for you and is always looking for your involvement as a Family member. If interested in assisting within your FRG— contact your FRG Leader.

Family Readiness Group (FRG)

Structure:

1. FRG Leadership Team
(Leader, Asst. Leader, Secretary, Treasurer)
2. Commander
3. FR Military Liaison

Members: All Service Members and their Families, based on Family Data Sheets (FDS).

Purpose: A successful FRG increases knowledge base and self-reliance of Military Families, boosting Service Member confidence and increasing focus of unit on safely completing any mission or training event.

Result: “Ready Families...Anytime, Anywhere”

Troop and Family Assistance Center (TFAC)

The Troop and Family Assistance Center is the one stop shop of information through various essential services. Troop and Family Assistance Centers are critical in providing help to all military families regardless of service affiliation during long term or short term deployments and peace time. This holds especially true for geographically dispersed families who are unable to access services. The Troop and Family Assistance Center is truly your conduit to resources and one stop shopping. **When in doubt on who to call for referral or support, please contact your local TFAC.**

TROOP AND FAMILY ASSISTANCE CENTERS	To reach the Troop and Family Assistance Center Specialist in your region call: 1-800-589-9914		
	Our regional Troop & Family Assistance Specialists and Airmen & Family Readiness Program Managers are highly trained professionals who provide information, resources, referrals and assistance to all Service Members and Families before, during and after deployments, or whenever there is a need.		
RESOURCES	24 Hour Joint Operations Center 888-637-9053		
	Airmen & Family Readiness Program Locations: Mansfield—179th AW 800-642-8365 x5206600 Springfield—178th FW 800-851-4503 x2583 Toledo—180th FW 800-495-4250 x8684550 Columbus—121st ARW 800-377-6570 x5		
	OHIO CARES 800-761-0868	Military Family Life Education & Counseling 614-336-7479 or 614-336-6000 ext.1413	Ohio National Guard Employer Outreach Program 614-336-7077
	Military OneSource 614-336-7319 or 800-342-9647	Personal Financial Education & Counseling 614-336-4212	Civilian Employment Support 614-336-7152
	Drug & Alcohol Intervention 614-336-6444	State & Federal Veteran Benefits 614-336-7349 or 614-336-4192	Employer Support of the Guard & Reserve 614-336-7444
	American Red Cross 614-251-1798	Youth Programs 877-460-2177 or 614-336-7456	Sexual Assault Response Coordinator 877-751-5628

Transition Assistant Advisor (TAA)

Provides support for returning veterans to help troubleshoot concerns surrounding their benefits, education assistance, employment and any other issues encountered when a service member returns from deployment. The TAA acts as a one-on-one advocate and provides assistance to service members in accessing VA benefits and maintains relationships with key contacts within governmental and nongovernmental veteran service organizations. For more information, contact:

Transition Assistant Advisor

Mike Magnusson

Phone: 614-336-4192

E-mail: michael.j.magnusson@us.army.mil

Terry Dean

Phone: 614-336-7349

E-mail: terry.w.dean@us.army.mil

Transition Assistance Employment Support

Transition Assistance Employment Support provides Ohio National Guard Service Members with vetted, quality information on employment programs, resources and services as well as individualized assistance to improve civilian employment outcomes for those service members seeking employment or looking for new career opportunities.

For more information contact
CH (CPT) Joshua Stone
Employment Support Specialist
614-336-7152

joshua.stone9@us.army.mil

Youth Program

The Youth Program is designed to support the social, emotional and academic needs of the Ohio military youth through the entire deployment cycle. Another area of focus is building resiliency. This allows the youth to stand strong while addressing and reacting to being suddenly military and possibly the only one in their school or community. This is done through a variety of programs and activities used to teach them about leadership and character and to build their confidence. The Program also allows them a chance to network with other military youth across the state. Through these different events and programs the youth build a sense of pride & patriotism while gaining a better understanding about the military.

The Program partners with Operation Military Kids and 4-H programs to provide numerous camaraderie events that include, one day youth camps, fun days at the zoo, and various sporting events. The program is always in need of volunteers, if you are interested contact Sue Ann Carroll.

For more information please contact:

State Youth Coordinator:

Sue Ann Carroll

Phone: 1-877-460-2177

E-Mail: sue.ann.carroll@us.army.mil



Family Readiness

“Ready Families...Anytime, Anywhere!” is the key focus of the FRG. The formula for a steady state FRG encompasses education on military life and continuous training that develops a capacity for mental toughness. The FRG can also provide an avenue of mutual support and assistance. FRGs encourage open and honest channels of communication between the command and family members, while promoting confidence, cohesion, commitment and a sense of well being among a units service members. A successful FRG boosts the morale of its’ Service Members and their Families, allowing the Service Member to focus on military training, mobilization or deployment. In essence, the FRG serves as a force multiplier and enhances unit readiness.

The Family Readiness and Warrior Support office is constantly working to develop ongoing training to educate commanders, military liaisons, and FRG leadership teams along with support programs that promote self-reliance and enhance individual and family well-being and readiness. The Family Readiness Office trains and tracks volunteer and military leadership that manages these Groups. Remember the goal is “Ready Families... Anytime, Anywhere.”

Be sure to Check out our website

**http://www.ong.ohio.gov/frg/FRG_index.html
for the latest news and updates**

Your Unit FRG Information

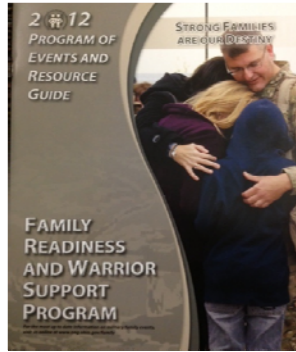
Unit: [Insert Unit Name & Contact Number]

Commander: [Insert Commander Name]

FR Military Liaison: [Insert FRML Name]

FRG Leader: [Insert FRGL Name & Number]

Programs & Events for any Ohio Service Member



- * Family Camaraderie Events
- * Marriage Enrichment Retreats
- * Singles Retreats
- * Youth Camps
- * Family Camps
- * FRG Trainings
- * Employer Readiness Events

Family Readiness Support Assistant (FRSA)

The FRSA primary focus is to advise the Brigade Commander on various aspects of the Command’s Family Readiness Program and provide quality assurance throughout the entire Brigade. The FRsAs are located at each of the Brigade Headquarters and JFHQ.

16th Engineer Brigade	16th Engineer Brigade
Adam Kaufman 614-356-7997 Adam.j.kaufman@us.army.mil	Melanie Clark 614-336-6532 Melanie.k.clark.ctr@us.army.mil

73rd Troop Command	371st Sustainment Brigade
--------------------	---------------------------

Shallon Mathews 614-336-6589 Shallon.mathews@us.army.mil	Rita Kreitzer 614-336-8820 Rita.l.kreitzer.ctr@us.army.mil
----------------------------------------------------------------	------------------------------------------------------------------

Special Troops Command	174th ADA Brigade
Emily Cunningham 614-336-7314	Lindsey Lauber 614-336-6000 Ext 2039 Lindsey.a.lauber.ctr@us.army.mil

37th IBCT	37th IBCT
Lezlie Garcia 614-356-7912 Lezlie.a.garcia.ctr@us.army.mil	Billy Madden 614-356-6855 Billy.glen.madden@us.army.mil

JFHQ—SFRSA
Janet Corbi 614-356-7918 Janet.corbi@us.army.mil

Ohio National Guard Family Programs Annual Brief



The mission of the Ohio National Guard Family Readiness and Warrior Support Program is to promote Family Readiness, quality of life and empowerment of military Families through education, communication, resources, and community involvement. The vision for the unit Family Readiness Group is to produce Family Readiness Groups that are engaged in their unit’s yearly activities, resulting in strong “Ready Military Families”.

*COL Julie Blike, Director,
Family Readiness and Warrior Support
CPT Douglas Franz, State Family Program Director
Sue Ann Carroll, State Youth Program Coordinator
Angela Dyer, Troop & Family Assistance Center Coordinator
Janet Corbi, Senior Family Readiness Support Assistant*

2825 West Dublin Granville Road, Columbus, Ohio 43235